



Nottinghamshire
County Council



Children need to have a go so
they can learn..... let them try,
and try again knowing you are
there to catch them and say well
done!

It's fun to play outdoors Games you can play!

Simple games to play on the park:

Sliding down the slide

Ready, Steady, Go

Singing songs on the see-saw like 'Row, row, row your boat' and 'See-saw

Margery Daw'

Counting steps as you climb and count pushes on the swings

Peek-a-boo

Encourage your child to pretend e.g. "You're the train driver" "We're going
fast"

This will help your child develop their language as well as their
physical skills by having fun, being active and talking together.



Let's
talk:

In/On
Up/Down
Under/
Over
Step
Slide
Stop/Go
Swing
Higher
Lower
Faster

